



Carers Week 2014

A carer is someone who provides support to family or friends who could not manage without this help. This could be caring for a relative, partner or friend who is ill, frail, disabled or has mental health or substance misuse problems.

All the care they give is unpaid.

As part of National Carers week (9th – 15th June 2014), Hanham Health is working with the Carers Support Centre to help raise awareness of carers and identify 'Hidden Carers' and let them know what support is out there for them.

We will be hosting the following drop-in sessions in our waiting rooms so if you want to find out more or just have a chat please come along:

Monday 9th June	10.00 -12.00	Hanham Surgery
Tuesday 10th June	10.00 -12.00	Hanham Surgery
Wednesday 11th June	10.00 -12.00	Oldland Surgery

